



To Be Told
from The Allender Center

A conference with Dr. Dan B. Allender



**Know Your Story, Shape Your Future.
It's time to listen to your story.**

A WELCOME FROM DR. DAN ALLENDER

Thank you for being here this weekend. I am deeply honored by your courage as you honestly explore who we are, how our story impacts our styles of relating, and what we then create in our relationships. Our stories and our relationships are sacred and I believe that furthering your freedom to live fully into who God created you to be is holy work.

The pages that follow are primarily blank and available for note-taking. I'd encourage you to jot down questions that form as you walk through this content: questions for another, questions for yourself, questions for God. May the words you hear and the words you write bear much fruit in the days to come.

Again, thank you for making this investment, not only in money, but more significantly, in time. I pray that you will reap a return beyond imagining.

In His Kindness,

A handwritten signature in black ink that reads "Dan B. Allender". The signature is fluid and cursive, with a long horizontal line extending from the end of the name.

Dan B. Allender
Founder of The Allender Center

Founding President and Professor of Counseling Psychology,
The Seattle School of Theology & Psychology

CONFERENCE SCHEDULE

Friday, October 13

Central / Pacific	Eastern / Mountain	
6:30-8:30pm	7:30-9:30am	Teaching

Saturday, October 14

Central / Pacific	Eastern / Mountain	
9:00-10:30am	10:00-11:30am	Teaching
10:30-10:45am	11:30-11:45am	Break
10:45-12:00pm	11:45-1:00pm	Teaching
12:00-1:30pm	1:00-2:30pm	Lunch Break
1:30-3:00pm	2:30-4:00pm	Teaching
3:00-3:15pm	4:00-4:15pm	Break
3:15-4:30pm	4:15-5:30pm	Teaching

Host To Be Told in your community!

One of the most common things we hear from our participants after attending an event is the desire for everyone they know to have the opportunity to experience this transformative teaching. This is our dream too, yet we know schedules and resources may be a barrier to hosting or attending one of our live events. We are delighted to dismantle those barriers and offer you a simplest, affordable, and accessible way to bring the excitement and impact of Dr. Dan Allender's teaching to your community.

Simulcasting is ideal for churches, parachurch ministries, schools, organizations, or groups. All you need to host is an internet connect and a screen! Costs are low, setup is easy, and access to promotional materials and a dedicated personal customer service representative to help you review your technology and assist you throughout the process is included.

Learn more about hosting To Be Told
tobetoldsimulcast.com

TABLE OF CONTENTS

Conference Content

I. The Power of Story	4-7
II. The Enemy of Story	8-9
III. The Redemption of Your Story	10-11
Events from The Allender Center	12-15

*Please note that all material contained within this manual is the sole property of The Allender Center and is not to be reproduced or used in any form.

I. The Power of Story

A. Four Assumptions About Story

1. God is the author

2. God is not the author of sin

3. God gives us the right to name

4. We are the translator of God's story in our story

I. The Power of Story

B. Shape of Story

1. Shalom: Innocence

2. Shalom Shattered: Tragedy

3. Shalom Sought: Imagination

4. Shalom Restored: Denouement

II. The Enemy of Story

A. Story War

B. Faith, Betrayal and Orphan

C. Hope, Powerlessness and Stranger

D. Love, Shame and Widow

III. The Redemption of Our Story

A. Listening to the Yes and Speaking the No

B. Reading the Themes and Gaps in Community

C. Blessing Your Name



The Allender Center at The Seattle School

Everyone has a story that needs to be told—whether it is a story of faith, hope, and love or a story of betrayal, powerlessness, and harm. We all have core stories from our past that deeply shape us and unwittingly impact our present and future. These are the stories that work as barriers to our truest calling—to love God, ourselves, and one another. The Allender Center joins people in the sacred work of identifying these core stories and creating space to explore their impact. In this process, something transformative happens: people find the hope of redemption.



“Our own life is the thing that most influences and shapes our outlook, our tendencies, our choices, and our decisions. It is the force that orients us toward the future, and yet we don’t give it a second thought, much less a careful examination. It’s time to listen to our stories.”

– Dr. Dan B. Allender

We believe that courageously stepping into stories of pain and harm is the very place that true healing and restoration occurs. The Allender Center is boldly committed to engaging the core narratives of relationship, family, sexual development, sexual abuse, trauma, and heartache through innovative conferences, in-depth workshops, and facilitated groups. We shape and embolden leaders through an integration of dynamic instruction, praxis-oriented group work, and rigorous personal narrative work.

theallendercenter.org



The Story Workshop
from The Allender Center



Will you learn to tell your story in bold, beautiful, and life-changing ways?

The Story Workshop is for individuals seeking personal growth and small group leaders, pastors, counselors, or community leaders seeking ways to better enter the stories of the people they serve. The Allender Center's core belief is that we are best known—and our stories best seen—in the company of others. During this profound event, you will participate in: teaching sessions with Dr. Dan Allender; small groups led by The Allender Center Teaching Staff, where you will share elements of your story and enter the stories of others; and one-on-one sessions with your facilitator to further explore your story. It is this powerful combination of writing, teaching, and personal engagement that invites you deeply into the themes of your life while offering encouragement and wisdom as you seek to understand, write, tell, and live your story in more transformative ways.

**The next Story Workshop is in
Chicago, IL on April 20-22, 2018.**

Visit our website to learn more: theallendercenter.org/story-workshop



Recovery Weeks

from The Allender Center



Led by Dan B. Allender, PhD, these six-day workshops are designed to help the victims of sexual abuse explore the issues related to their recovery in a nurturing, kind environment free from normal daily distractions.

Recovery Week is a unique psycho-educational experience that allows participants to engage their life stories specifically as it relates to narratives of sexual abuse. The sessions are designed to encourage one to engage in his or her story in a holistic way by exploring psychological, spiritual, biological, and social aspects of both the personal and collective experience of trauma and abuse. This program is not therapy and does not act as a substitute for therapeutic engagement. Recovery Week involves the exploration of your own story and the stories of others who attend the week.

The Allender Center offers Recovery Weeks for women and men in North Carolina and Washington several times a year.

Visit our website to learn more and to connect with our Admissions Counselor:
theallendercenter.org/recovery-weeks



Training Certificates

from The Allender Center



We believe you can only take someone else
as far as you have gone yourself.

The Allender Center is committed to training professional therapists, lay counselors, ministry leaders, and advocates to work on behalf of healing and redemption through story — beginning with their own.

Training Certificate Level 1 is rooted in trauma-focused narrative therapy and our immersive group experience emboldens practitioners and leaders to facilitate healing through engaging the core wounding and deep beauty of the heart with courage and compassion.

This program is uniquely designed to develop the capacity to offer deep listening and healing care for lay and professional counselors, leaders, advocates, and helpers working in a wide variety of contexts.

If you are a professional counselor, therapist, psychologist or social worker, join our specialized **Clinical Track** within the program and be paired with others in your field for an experience catered toward the needs of mental health professionals.

Be a part of our next cohort!

Join Dr. Dan Allender and The Allender Center Teaching Staff in Seattle over the course of four intensive weekends as we learn to access the greatest gift we have to offer others — our presence.

theallendercenter.org/certificates



Healing the Wounded Heart

an Online Course



Join Our Fall
Semester Tribe
Starting
Oct. 16, 2017

Featuring 9 sessions with compelling teaching from Dr. Dan Allender, powerful video interviews with survivors, and a downloadable journal for deeper reflection, *Healing the Wounded Heart* is an online course designed to support your journey toward restoration.

Course includes:

- 9 lessons, each with 3-4 short videos
- Downloadable journal with reflection prompts
- 7+ hours of video teaching from Dr. Dan Allender
- 6 unique, intimate videos of Dan engaging individuals and their stories
- Live Q&A with Dan and Allender Center Teaching Staff*
- Access to a private Facebook group for community with other participants*
- Lifetime access to course platform and material

* Only available to those who join the Semester Tribe course option

\$50 off until October 25 with discount code TBT2017

Enroll today at theallendercenter.org



The Allender Center
at The Seattle School

theallendercenter.org